

SACRED HEART PARISH FAMILY

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(860) 875-4563

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PASTORAL TEAM

Rella Bernabucci
pastoral assistant

John Crane
trustee

Larry Deraleau
deacon

Donna Gessay
trustee

Ernie Golnik
liturgy and music

Sandy Rice
administrative assistant

Fr. Stan Szczapa
pastor



SACRED HEART MISSION STATEMENT

"We the community of Sacred Heart are committed to serving God and each other through our faith in Jesus Christ. We strive to do this through a joyful celebration of the Eucharist, a spirit of hospitality, a commitment to community outreach, a sense of responsibility to others and through the ongoing nourishment of our minds and hearts."

SUNDAY LITURGIES

Saturday 4:30 PM

Sunday 8:00 AM & 10:30 AM

SACRAMENT OF RECONCILIATION

Thursday 4:30-6:00 PM

or by appointment

WEEKDAY LITURGIES

As listed inside

WE WELCOME YOU TO SACRED HEART PARISH FAMILY. If you are new to the parish please introduce yourself to Father Stan after Mass. We would also appreciate it if you would come to or call the office and register. We need to know who you are so that we may serve you better.

SHUT INS

Please notify us of parishioners who are in the hospital. If any parishioner is unable to celebrate Liturgy with us because of illness or handicap, please notify the office so that we may bring Eucharist to them.

"Handicapped Accessible"

Welcome

The parish family of Sacred Heart welcomes you!

Whether this is one of your first visits with us or your first visit in a while; know that you are always welcome here.

Whatever called you to be with us today; know that we were all called here once, just like you were. Pray with us. Celebrate with us. Walk together with us in faith. We eat together a lot; there's always plenty of food and it's always good so please join us for that, too.

Above all, please let us know when there is anything we can do, any question we can help you answer, any need we can fill – anything at all that we can do to help you on your journey of faith.

Thank You

Thank you to all of you who participated in our Parish Valentine Project. It is your caring that made it a success!

Larry Deraleau & Edie Hilton

Lent Approaches

Mardi Gras is celebrated this Tuesday, March 8 at 6:30pm. It's a pot-luck affair, and prayer partners will be chosen for Lent after we eat, so BE THERE with your crazy hats and beads on!!!

Please sign up using the sheets at the entrances to the Church or call the office at 860.875.4563 to let us know a) that you're coming and, b) what food you're bringing.

Ashes will be distributed at Mass on **Ash Wednesday**, March 9, at 9am and 7pm.

The Sacred Heart Bible Study group will be doing *Disciples on the Journey* for Lent.

We will meet on Thursdays at 10am beginning March 10. Please call Denice Jones 860.647.0159 if you would like to join us.

A **Mass of Healing and Hope** with Fr Ray Introvigne and Mrs. Judith Hughes – Next Sunday, March 13 at 2pm. Come and be healed and your hope renewed!

Mark your calendar! We will celebrate the **Sacrament of Reconciliation** together on Tuesday, April 12 at 7pm.

The Deacon's Corner

For some strange reason, Lord, you depend on me.
What possible need could you have for my shoulder?
Why should you lean on me? Yet you do just that.

I am grateful. It is a challenge and a trust,
an inspiration and a call to character.

If you are willing to depend on me,
weak and clumsy as I am,
I am eager not to fail you.

Lean on me, dear Lord.
At least pretend to find me a help.
May your sweet pretense
make me worthy of your very real trust.

Daniel A. Lord SJ

First Eucharist Parents Meetings

The parents of children who are preparing to receive their First Holy Communion have received letters informing them of parent meetings. The first meeting has occurred. A change has occurred and the next (and last) meeting will be held on *Monday, March 7 at 7:00pm in the Fellowship Rooms*
Questions? Please contact Rella.

RCIA - Rite of Sending

On Sunday, March 13 at the 10:30 Mass we will celebrate the Rite of Sending (to St. Patrick Cathedral in Norwich) for Chandler Oliver. Chandler, a St. Maurice parishioner, has been preparing to fully enter the Church at the Easter Vigil. We ask for your prayers for Chandler as he enters the final preparation period before being fully initiated into our Church.

First Reconciliation Parents Meetings

The parents of children who are preparing to celebrate the Sacrament of Reconciliation for the first time have received letters informing them of parent meetings. The first two meetings have occurred. The last meeting will be held on *Monday, March 14 at 7:00pm in the Fellowship Rooms*

Youth Group - Food Fast

The Youth Group will once again be participating in a Food Fast starting on Friday, April 1, 2011 and concluding after the 4:30 Mass on Saturday, April 2nd.

Food Fast is Catholic Relief Services' 24-hour hunger awareness program for Catholic youth in the United States. Focusing on global poverty and justice, Food Fast provides an experience of solidarity with our brothers and sisters overseas.

Next weekend members of the Youth Group will be present at all Masses to gather pledges for their Food Fast. All pledges and donations will be sent to Catholic Relief Services.



Diocese of Norwich
Office of the Bishop
201 Broadway
Norwich, Connecticut 06360
(860) 887-9294

MOST REVEREND
MICHAEL R. COTE, D.D.

February 9, 2011

LENTEN MESSAGE – 2011

My dear sisters and brothers in Christ,

The season of Lent is the springtime of our spiritual lives. This season's practices and exercises help us to leave behind the coldness of indifference to embrace the warmth of new life that only Jesus offers us through His Passion, Death, and Resurrection. During Lent we are challenged to be better and to do better in turning away from selfishness and sin and in embracing Gospel values.

We begin this season marked by Ashes to declare our willingness to follow Christ to Calvary. There, through our Lenten exercises, in the Calvary of our lives, we recognize our sinfulness and we nail our sins to Christ's Cross. Like His, our journey does not end with death. The journey that we begin symbolically on Ash Wednesday is truly a life-long journey to follow Christ, to imitate His love, to live His way, and to embrace His life. By His Way of the Cross, the Lord invites us to share His death so that we can rise with Him to a new life and a new way of living. That new way of living begins with Lent and it leads through Calvary to the Resurrection, His victory over death and sin. It is a victory that Jesus shares with us and one that culminates our Lenten journey.

Through the Lenten practices of prayer, fasting, penance, and almsgiving, we are enabled to take charge of our lives and to experience a freedom that is rooted in God's love for us. By these exercises, we can overcome self-centeredness, free ourselves from the shackles of sin, and conquer our disinterest and despair that sap life's meaning and purpose.

Our conversation with God in prayer helps us to hear Jesus' voice guiding our lives along His Way. Denying ourselves helps to free us to live for God and for others and it also makes us sensitive to the poor who, through no choice of their own, daily go without the necessities of life. Our penances deepen our love for God and for one another and prepare us to share in the new life that Jesus has promised. Our sacrifices and almsgiving strengthen our respect for those who are less fortunate. In our awareness of their need, we are united with them as sisters and brothers in God's family. No longer enslaved by a selfish appetite to have more, we are strengthened to live in the newness of life that Jesus offers us, that new life by which Jesus, our Savior, redeems us and shares His life with us.

Participating at Mass, both daily and Sunday, reading Sacred Scripture, following the Way of the Cross, reciting the Rosary, visits to the Blessed Sacrament, making a Holy Hour for Vocations (March 24, 7:00 pm., at Saint Mary Church in Putnam and April 14, 4:00 p.m., at Saint Pius X in Middletown), giving up something or doing something for another: all these exercises make possible a newness of life that only comes from walking with Jesus to Calvary and experiencing the intensity of His love. Every step on the way to Calvary Jesus has taken for you and me.

Together, we walk with Jesus to Calvary and to the promise of a new life and a new way of living.

Sincerely yours in Christ,
Most Reverend Michael R. Cote
Bishop of Norwich

Marriage Preparation - Engaged Couples

"God's Plan for a Joy-filled Marriage" offered by the Office of Family Life. To register for the 4 session class please call 860-889-8346 ext.283 Date: Saturday, March 19 & 26 & April 2 & 9, 2011 Time: 9:30am - 11:45am. Location: Sacred Heart Church Hall, 52 West Town St., Norwichtown, CT 06360 Cost: \$50.00 per couple for class materials

Daily Prayer This Week

We may feel like we never have enough. Enough money, time, love, status or anything else that seems to be the focus of our lives. We live lives that are packed with activities, meetings and obligations - keeping our hearts distracted away from our relationship with God, from our families and from others in our lives who need our love.

In these few days before Lent begins, we can begin to prepare our hearts by asking ourselves how we want Lent to be different this year. What do we want to ask the Lord to give us - and more importantly, we can ask what the Lord wants for us this Lent. What gift of generosity, love or attention can we share with others in the weeks ahead? How can we focus on the Lenten season and ask that our hearts be opened to what is real - not to the externals that distract us so much. How will I be with my family and friends this Lent? What will I do that sets this season apart from my normal routines? How can I name, anticipate and feel the gifts the Lord showers on me with such love in the weeks ahead?

And every morning, we can begin by sitting at the side of our beds with our hands open on our laps, asking God to help us receive these gifts with open hearts. We can carry that focus with us throughout the day, remembering in the quiet moments what we are asking for. Always, we end our day simply, thanking God for the love and gifts of the day.

Each week of Lent, at the top of these Guides, there will be links to the Praying Lent website. It offers a simple Daily Prayers each day, and dozens of resources, retreats, audio discussions and even recipes that will help us enter more deeply into the spirit and practice of Lent.

For these first four days it will be a great help to set aside some time, even if it means getting up a half an hour earlier each morning, to read about what Lent can mean and to let that soak into our hearts. The key is not to be somber or severe in any way, but to know that this is a time of great grace so that we can be attentive to it. The first thing to remember is that these 40 days are a gift to us. We are not trying to save ourselves by our Lenten practices. God has already saved us. We are only trying to let God get our attention and to give grace a chance to work in us.

These days are critically important for choosing to establish some Lenten patterns. Depending upon our age or health, we will want to do some fasting and abstinence, in regard to food. But, each of us can choose what else we can fast and abstain from during Lent. What practices of mine get in the way of my being open to hearing God's Word and responding freely? That's what needs transforming. Giving up needing to be right, fasting from my impatience, totally abstaining from escapist fantasies will open our hearts to God's grace. None of that takes extra time. It just takes desire. Adding new acts of kindness, gratitude and love each day for family and friends will open our hearts to the greater acts of charity and generosity for the poor.

Finally, Lent is the perfect time to choose to grow in gratitude. Every night, before going to bed, let us be faithful to giving thanks to the Lord who has given us so many blessings and offers us new graces each and every day.

Haiti Needs

When shopping, please keep in mind that we are now collecting
SOAP & QUART-SIZED ZIPLOCK BAGS
for the people of Haiti.

Friday Soup & Bread Suppers

Friday Soup & Bread Suppers begin NEXT Friday, March 18 at 6:00pm in the South Community Rooms with Almsgiving (collection) this week for the benefit of The Caregivers.

If you'd like to volunteer to make or bring soup or bread on one or more of the Fridays in Lent, please give a call to the office.

If you'd like to eat some soup & bread on a Friday in Lent, just come!

The Word of God This Week

Set time aside each day this week with other members of your household, with other members of your parish or alone to listen to and reflect on the living Word of God. Use these passages from the Lectionary that are assigned for Liturgy this week. Reflect on how the Lord is inviting you to a deeper union with him.

TODAY

Deuteronomy 11:18, 26–28, 32;
Romans 3:21–25, 28;
Matthew 7:21–27

MONDAY

Mark 12:1–12
"The stone that the builders rejected has become the cornerstone."

TUESDAY

Mark 12:13–17
"Give to . . . God the things that are Gods."

WEDNESDAY (Ash Wednesday)

Matthew 6:1–6, 16–18
"Beware of practicing your piety before others . . ."

THURSDAY

Luke 9:22–25
"For those who want to save their life will lose it . . ."

FRIDAY

Matthew 9:14–15
"The wedding guests cannot mourn as long as the bridegroom is with them . . ."

SATURDAY

Luke 5:27–32
"Follow me."

Walking the Talk

The parable in today's Gospel reading ends the Sermon on the Mount with a clear message from Jesus that being his follower requires more than lip service. It demands action and the observance of the Law that he came not to abolish, but to fulfill with a deeper meaning. For example, according to Jesus, the commandment, "You shall not kill" also forbids acting in anger and insulting others.

This text follows the attack on false prophets, but it now includes those who perform works of healing and exorcism in the name of Jesus while living evil lives. These hypocrites, who are not true children of God, may even say, "Lord, Lord," but their actions are not done from the heart.

Next, Jesus deals with the most dangerous kind of deception: self-deception—*those who hear his words but don't act on them*. Jesus is not speaking to or about irreligious people here. He is speaking to people who are

Self-deception
 —those who hear his words but don't act on them.

devoutly religious, but still lost. They profess Christ or have an intellectual knowledge of him, but they don't obey his commands.

Jesus wants us to be true children of God. He wants our works to be filled with faith. On judgment day, Jesus will reject the morally corrupt because they heard his words and did not put them into practice.

The Gospel reading concludes with the imagery of houses built on sand and rock to illustrate the point that one either follows Jesus' instructions and stands firm or doesn't and invites destruction. Jesus challenges his disciples to build their houses on solid rock by listening to his word, taking it to heart, and acting upon it. They are expected to "walk the talk."



The Faith of the Church

Catholics believe that knowing Jesus or calling his name is not enough to belong to the kingdom; it is necessary to follow God's commandments. When we pray and wholeheartedly try to do the will of God revealed by Jesus, ours is the kingdom of heaven. The true disciple cannot be content with simply "knowing" that Jesus is Lord (Cf. *Catechism of the Catholic Church* 2611, 2826).



Questions of the Week

Unfortunately, there is a tendency among some Christians to believe, literally, that saying "Lord, Lord" is enough to be a follower of Christ. Today's passage teaches otherwise.

Adults

In my prayer, have I ever asked the Lord to help me, while at the same time, I do not have any concern for actually following Jesus' ways? Be specific.

Children

Am I trying to follow the teachings of Jesus the best I can?

Responding to God's Word . . .

The message of this passage is clear: talk is not enough; our lives have to be built on the solid foundation of our faith and the Gospel message.

No one can escape from storms, earthquakes, tsunamis and other disasters. The ever-present danger of losing our homes and possessions is the human theme that Jesus uses for today's story.

The Gospel story describes two types of people. One built his house on sand and the other built his on rock. When the storms came, one house stood fast, while the other was reduced to a pile of junk.

This story reminds me of the nursery tale of the three little pigs and the wolf who huffed and puffed to blow their houses down. A superb storyteller, Jesus uses a similar tale to reinforce the importance of building on a solid foundation. Like the little pigs, we often settle for the easier way, the least that we can do to fulfill the requirements of discipleship. Then, when the storms of life strike, our faith does not hold. Our house must be built on the only foundation that will last—Jesus Christ—even if it takes a lifetime to build.

SUGGESTIONS

Use one of these suggestions or one of your own to respond to God's Word this week.

In the home. Tell the story of a time in the life of your family when a project did not work out because things were done poorly and in a hurry. Compare that event with today's story.

In the workplace or in school. Ask your friends if they usually "cut corners" to get things done quickly. Then, if possible, share the story of the two houses.

In the community. Do some research on a recent natural disaster that destroyed many homes. Identify if anything, from a human standpoint, could have been done to limit the destruction.



Meditation Moment

A young wife had grown accustomed to staying in bed while her husband got up, ate alone, and left for work. One morning the young husband awoke to find his wife cooking breakfast. He wondered, "Why the sudden change?" Then, he saw on his wife's night table a copy of the *Reader's Digest*, open to an article entitled "Do European Women Make Better Wives?" His wife was putting into practice what she had read the night before.

For reflection . . .

What is one teaching of Jesus that I find hard to put into practice?

THE MEASURE OF MY BELIEF IS THIS:
THE EXTENT TO WHICH I PUT IT
INTO PRACTICE.

FROM *VISION* BY MARK LINK, SJ

Builder of Peace

O God our Creator,
We know that unless you
build the house, those who build it,
labor in vain. Unless you protect
our cities and homes, the guards keep
watch in vain. We ask you to protect our
homes, our neighborhoods and our
country from violence and fear. Help us,
Lord, to work alongside you in our
quest for peace and understanding
among all people. This we ask
through Christ, our Lord.

Amen.

(Inspired by Psalm 127)
God's Blessings in the Home

Carry this thought in your heart
as a guide for your faith journey
this week.

How does God's love abide in
anyone who has the world's
goods and sees a brother or
sister in need and yet refuses
help? Little children, let us
love, not in word or speech,
but in truth and action.

1 John 3:17-18

Profile in Faith

Blessed Angela Salawa
(1881-1922)

Angela was born in Poland. In Krakow, she taught young domestic workers. During World War I, she helped prisoners of war and cared for wounded soldiers. Addressing Christ, she wrote in her diary, "I want you to be adored as much as you were destroyed." She was beatified in 1991. Her feast day is March 12.

NIHIL OBSTAT
Rev. Msgr. Robert M. Coerver, Censor Librorum
IMPRIMATUR
† Most Reverend Kevin J. Farrell, DD, Bishop of Dallas
December 6, 2010

The Nihil Obstat and Imprimatur are official declarations that the material reviewed is free of doctrinal or moral error. No implication is contained therein that those granting the Nihil Obstat and Imprimatur agree with the contents, opinions, or statements expressed.

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Contact us at RCLBenziger.com



MARCH 6, 2011

Prayer, Praise and Sacrament

THE NINTH SUNDAY IN ORDINARY TIME

SATURDAY

4:30pm **Mass: *Chester Bator, 1st Anniversary***, requested by his family

SUNDAY

8:00am **Mass: *Rose Ford***, requested by her son, Greg

10:30am **Mass: *Ernest Golnik, Sr.***, requested by Kathy Minick

TUESDAY

9:00am **Mass: *For the People of the Parish***

ASH WEDNESDAY

9:00am **Mass & Ashes**

7:00pm **Mass & Ashes**

THURSDAY

4:30-6pm **Sacrament of Reconciliation**, Living Room

7:00pm **Mass: *Antoni Kaminski***

7:30pm **Intercessory Prayer**, Eucharistic Chapel

FRIDAY

10:30am **Mass at Vernon Manor:**

THE FIRST SUNDAY OF LENT – (DST BEGINS)

SATURDAY

4:30pm **Mass: *Herby Herbst***, requested by Nancy Herold

SUNDAY

8:00am **Mass: *For the People of the Parish***

10:30am **Mass: *Hymen Bates***, requested by the Sacred Heart Parish Family

2:00pm **Mass of Healing and Hope** with Fr. Ray Introvigne and Mrs. Judith Hughes

2:00pm **Rite of Election and Call to Continuing Conversion** (at St Patrick Cathedral, Norwich)

Meetings

SATURDAY

7:30pm **Narcotics Anonymous**, North Activity Rooms

SUNDAY - Fellowship before and after Mass

9:10am **Faith Formation, Grades 1-5**

6:15pm **Faith Formation, Grade 6 – Confirmation Prep**

7:30pm **Youth Group**

MONDAY OFFICES CLOSED

7:00pm **Haiti Ministry**, Deacon Chuck White Memorial Haiti Ministry Room

TUESDAY

6:30pm **Mardi Gras**, South Community Rooms

WEDNESDAY

8:00pm **Alcoholics Anonymous**, South Community Rooms

THURSDAY

10:00am **Disciples on the Journey**, South Community Rooms

7:30pm **Alcoholics Anonymous Big Book**, South Community Rooms

SATURDAY

7:30pm **Narcotics Anonymous**, North Activity Rooms

SUNDAY - Fellowship before and after Mass

9:10am **Faith Formation, Grades 1-5**

6:15pm **Faith Formation, Grade 6 – Confirmation Prep**

7:30pm **Youth Group**

SACRAMENT OF BAPTISM

– BY APPOINTMENT ONLY

Parents please call three months prior to baptism date for an appointment with a Pastoral Team member who will detail the program for parents.

SACRAMENT OF MATRIMONY –

Couples planning to marry take part in marriage information program at least nine months prior to the wedding date.

FAITH FORMATION SESSIONS –

October through May
Call 875-4563 for information

MONTHLY ADORATION OF THE BLESSED SACRAMENT – Oratory

The first Friday of each month
– 10:00 AM - 7:00 PM

ROSARY – Oratory

Monday Thru Friday - 8:30 AM

INTERCESSORY PRAYER – Oratory

Thursday - 7:45 - 8:15 PM

PASTORAL CONDUCT –

To report sexual abuse by a representative of the diocese of Norwich, or for assistance to victims / survivors, call
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